

Sample Menu - Rolling 3 week menu each term

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Burger served with Chips, Beans or Peas	Pork Sausage served with mash potatoes, vegetables and gravy	Roast Beef with Roast Potatoes, Yorkshire pudding, Stuffing, Vegetables and Gravy	Sweet and Sour Chicken served with egg fried rice and prawn crackers	Battered Fish served with Chips, Beans or Peas
Jacket Potatoes	Choice of fillings - Egg, Tuna Mayonnaise, Cheese				
English Salad	Served Daily				
Baguettes	Choice of Fillings - Egg, Tuna Mayonnaise, Cheese or Ham				
Dessert	Pink iced sponge served with Custard	Lemon Drizzle Cake served with Custard	Apple Crumble served with Custard	Cupcakes	Cornflake Crispy Cake

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger served with Chips, Beans or Peas	Chicken Madras Curry served with Long Grain Rice and Naan Bread	Roast Gammon served with Roast Potatoes, Yorkshire pudding, Stuffing, Vegetables and Gravy	Mince Beef Bolognese Pasta Bake served with garlic Bread	Chicken Nuggets served with chips, Beans or Peas
Jacket Potatoes	Choice of fillings - Egg, Tuna Mayonnaise, Cheese				
English Salad	Served Daily				
Baguettes	Choice of Fillings - Egg, Tuna Mayonnaise, Cheese or Ham				
Dessert	Lemon Sponge served with Custard	Flap Jack	Apple Crumble served with Custard	White Chocolate Cake	Bread and Butter Pudding with Custard

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Burger served with Chips, Beans or Peas	Chicken Pitta Pockets served with Mexican Rice and Potato Wedges	Roast Pork served with Roast Potatoes, Yorkshire pudding, Stuffing, Vegetables and Gravy	Pepperoni Pizza served with Potato Wedges, cheesy garlic Bread, Beans or Peas	Battered Fish served with Chips, Beans or Peas
Jacket Potatoes	Choice of fillings - Egg, Tuna Mayonnaise, Cheese				
English Salad	Served Daily				
Baguettes	Choice of Fillings - Egg, Tuna Mayonnaise, Cheese or Ham				
Dessert	Rocky Road Biscuit	Fruit Cheesecake	Apple Crumble served with Custard	Chocolate Muffin	Fruit Turnovers